



# St. Patrick's Catholic School News

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**Vol 3.2**  
**Thursday 3<sup>rd</sup> August**  
**2017**

**Acting Principal:** Cass Sutton.  
**Assistant Principal:** Marcus Oxenham.  
**Director of Religious Studies:** Gabrielle Balemi.  
**Receptionist:**  
**Executive Officer:** Dianne Ngapo  
**Parish Priest:** Fr Joe Stack.  
**BOT Chairperson:** Lorraine Kendrick.

*Kia ora Parents, Guardians and Children,*

The Virtue for this term is:

**EMPATHY**



**I can BEE  
EMPATHETIC**

by showing others I  
understand and relate  
to their feelings.

## WHAT IS EMPATHY?

- The ability to sense other people's emotions
- The ability to imagine what someone else might be thinking or feeling

## POPE FRANCIS QUOTES

"The media only writes about sinners and the scandals but that's normal, because a tree that falls makes more noise than a forest that grows"

Pope Francis



JOIN US ON FACEBOOK....

To find us following the link...

<https://www.facebook.com/stpatsteawamutu>

**TERM DIARY**

<b>WK 2</b>	Fri 4 <sup>th</sup> Aug	Rueben the Road Safety Bear 9 – 10am (Yrs 1- 3) Whole School Assembly 2.15pm School Hall Class Mass Rms 9 and 10 9.15am
<b>WK 3</b>	<b>MATHATHON WEEK</b> NEMP TESTING YR 8 ALL WEEK Tue 8 <sup>th</sup> Aug	Feast: Mary of the Cross MacKillop Whole school Mass 9.15 – 10.15am Wed 7 <sup>th</sup> Aug Nachos Lunch Thurs 10 <sup>th</sup> Aug Technology Yr 7 & 8 TA Intermediate 9 - 12 Fri 11 <sup>th</sup> Aug Pie delivery
<b>WK 4</b>	Mon 14 <sup>th</sup> Aug Tues 15 <sup>th</sup> Aug Wed 16 <sup>th</sup> Aug Thurs 17 <sup>th</sup> Aug	Prayer Assembly Assumption Mass Whole School 9.15 – 10.15 Parent Camp Meeting 5.15 – 6.15pm Technology Yr 7 & 8 TA Intermediate 9 – 12 Wai Maths Peachgrove Intermediate 4.00-6.30 Fri 18 <sup>th</sup> Aug Whole School Assembly 2.15 School Hall
<b>Wk 5</b>	Mon 21 <sup>st</sup> Aug Wed 23 <sup>rd</sup> Aug Thur 24 <sup>th</sup> Aug Fri 25 <sup>th</sup> Aug	Prayer Assembly Yr 6 Parent evening 5.30 – 6.30pm RM 10 Board Meeting 6 – 8pm Staffroom C.L.H. (Yr 2/3's) visit to Hamilton Museum Technology Yr 7 & 8 TA Intermediate 9 – 12 Class Mass Rm 1 & 2 9.15 – 10am Blessing of the Sick 2pm Rm 8 Hearing and Vision Checks
<b>Wk 6</b>	Mon 28 <sup>th</sup> Aug Tues 29 <sup>th</sup> Aug Wed 30 <sup>th</sup> Aug Thurs 31 Aug Fri 1 <sup>st</sup> Sep	Rm 3 and 4 Space Centre visit Lisa Rapana visit Team 3 Speech Evening 6.30 – 7.30 Rm 1 and 2 Space Centre Visit School Cross Country Principal/DRS Conference Rotorua Principal/DRS Conf Rotorua Te Awamutu College Open Day Cross Country Back up Day

Please check the online version of the school calendar by following the link: [http://www.stpatta.co.nz/1/embedded\\_items/1-school-calendar](http://www.stpatta.co.nz/1/embedded_items/1-school-calendar) as this is updated as events or changes come.

## MATHATHON



We have been investigating ways in which we can improve the performance of students in Mathematics. All of the students at St Patrick's are involved in using Mathletics to help support the development of knowledge in Maths. To help fund more devices students can use in class to access tools like Mathletics, we are running our 3<sup>rd</sup> "Mathathon". The aim of the Mathathon is for students to get as many correct answers to Maths questions over a set period of time and to seek sponsorship for their efforts.

All funds raised this year will be used to purchase more devices (chromebooks or iPads) for class use.

All students who earn \$40 or more in sponsorship will go in a draw to win a prize. This year we have iTunes gift cards, clothing, toys, sporting goods, a chromecast, and more!!

NEXT WEEK IS THE WEEK.

## NACHOS FOR LUNCH

On Wednesday 9<sup>th</sup> August the Year 7 & 8's will be selling Nachos for lunch. Order forms have been sent home today. The money raised will go towards our Wellington camp. Renee from Radish Catering has kindly made and donated the nachos for us to sell and Fresh Choice have donated the grated cheese and sour cream. It will cost \$5 for a bowl. Orders must be in the yellow ASB box in office by Tuesday 8<sup>th</sup> August.

## CONGRATULATIONS

Well done to the St Patrick's CIS Maths Quiz teams that participated in the recent CIS Interschool Maths Competition on Tuesday night.

Our Year 7 Team placed 4th Overall and our Year 8 team placed 2nd Overall. Both teams will be competing in the Waikato WaiMaths Competition to be held on the 15th August. Good luck to both teams.

## PTA NEWS

The lunch committee would like to thank Bev Coates for her help each Friday in making sure that we have yummy hot dogs available for our children. Bev has now retired from this position and we thank her immensely for her support over the last few years. School lunches will start again this week 4th August. If your child has missed receiving an envelope on a Tuesday please pop into the office or see your child's teacher to order. Absolutely no orders will be accepted after 2.50pm on Thursday afternoons. We thank you for your support with this.

If you have any PTA queries please contact Tania on 0275360492/ [tania.penliz@gmail.com](mailto:tania.penliz@gmail.com)

## TEAM THREE ELECTIVE ARTS PROGRAMME

If there are any parents/grandparents/ adults who have an interest in teaching the arts i.e. Painting, Drawing, Sculpture, Pottery, Drama, Dance, Music. etc for 5 weeks from 1;30-2:45 on a Thursday to a small group of students, could you please make contact with Mr Marcus Oxenham at the school. The programme would commence on Thursday 25<sup>th</sup> August

## SACRED HEART GIRLS' COLLEGE

Sacred Heart Girls College is still accepting enrolments. If you wish to enrol your child please contact the school on 07 856 7874 or visit their website [shgcham.school.nz](http://shgcham.school.nz).

## VISION AND HEARING CHECKS

Please note that the Vision and Hearing Technician will be in our school on Friday 25<sup>th</sup> August 2017 at approximately 10.30am to test our children.

## SPORTS NEWS


Netball :

The Draw is available:

<http://www.sportsground.co.nz/teawamutunetball/24033/> and the local Courier.

## COMPETITION NETBALL

**DRAW FOR: Saturday 5<sup>TH</sup> August 2017**

Team St Pat's.. (v)	Time Court	We thank our Sponsors
B&C Property Management v	BYE	
Timmos ITM Tigers v Korakonui Nike	1.10pm C5	
Gibson Construction v TAPS Silver Ferns	11.30 C6	
Fahrenheit Flames v Waipa Plumbing & Gas Wallace Wolves	1.10pm C1	
Pastoral Realty v Ray White Pirongia Dolphins	9.50am C7	

## UNIFORM

If you have ordered a school jersey it has now arrived and has been monogrammed. You can pick them up from the school office.

The uniform shop will be open every Wednesday between 8am – 9am. See Lynlee Karl for all your uniform needs.

God Bless

Cass Sutton  
Acting Principal

## PATRICK'S PARISH NEWS

### St Patrick's Catholic Church - Te Awamutu

Phone 871 6109

PO Box 191, Te Awamutu

Parish Priest: Fr Joe Stack

Email: [parishpriest@stpatta.org.nz](mailto:parishpriest@stpatta.org.nz)



### **Mass Times**

Weekday Masses see Parish Newsletter

Saturday (Sat Vigil) 5pm St Patrick's Te Awamutu

### **Sunday Masses**

### **The Ascension of the Lord**

9:30am St George's Te Kuiti

10:30am St Patrick's Te

Awamutu

11:30am Our Lady of the Sacred Heart  
Otorohanga



### **Sunday's Gospel Reading:**

*'...love your enemies and pray for those who persecute you; in this way you will be sons of your Father in heaven.' Matt 5:38-48.*

## Healthy Eating Habits for Healthy Kids

Children are curious little people. They're not afraid to explore, be imaginative and learn about the world around them. Anyone who has spent time with young ones will be familiar with the question, "but why"? Kids have a lot of questions because they are hungry to learn.

One thing we can help them make sense of is the importance of a healthy diet. Teaching kids about healthy food and lifestyle choices will help them grow into healthy adults.

But in a society where junk food is heavily promoted and easy to buy, how do we do that? Be prepared, because it may require a decent sense of humour, creativity and adventure.

Fuelled4life offers eight ideas that will nourish the body and mind of both you and your children.

### 1. Be a role model

Lead by example and eat the way you want your children to

### 1. Be a role model

Lead by example and eat the way you want your children to eat. Kids may be more willing to try new foods if they see you eating them.

### 2. Explore the Outdoors

Growing edible plants is a fun way of encouraging kids to taste and eat more fruit and vegetables. It also teaches them that providing care and nourishment for plants leads to optimal growth – just like with our bodies. Lend a helping hand in the school or a community garden.

### 3. Tell stories

Tell children about what you, your parents or your grandparents used to eat. It will help them understand how the food environment has changed over time.

### 4. Answer all those questions, big and small

"Why are carrots orange?" "What happens to the food inside me?" – Children are hungry for new information. Take time to find the answers; you're bound to learn a thing or two yourself.



### 5. Listen to their tummies

Children are born with the ability to eat when they're hungry and stop when they're full – something we adults often lose touch with. Encourage children to stay in tune with their natural hunger cues. Don't use rewards or force or push a child to eat.

### 6. Ask for some helping hands

Get kids involved in the planning and preparation of meals. For younger children, this might be helping with the cooking or writing the shopping list. For older children, it could be organising a meal plan within a budget.

### 7. Make meal times fun

Sit, talk and eat around a table or in a group. It helps us eat slowly, appreciate our meal and is a great time to share stories about each other's day.

### 8. Save treats for special occasions

Encourage a piece of fruit for something sweet after a meal. Remember, water is the best drink.

For children to get all the nutrients they need for growth and development, it's important to provide three healthy meals a day (including breakfast) and a variety of foods from each of the four food groups.

